DIRECTORATE OF PODIATRIC SURGERY CONFERENCE 2015

MEETING THE CHALLENGE

12-14 MARCH 2015
RADCLIFFE HOUSE, WARWICK

DELEGATE INFORMATION

Gold sponsor

Silver sponsors
Chair’s welcome

This 2nd conference is independently organised by the Directorate of Podiatric Surgery and forms part of the academic remit of the College.

Sessions will revisit topics from everyday clinical issues to complex cases delivered by our own colleagues and visiting faculty.

Cadaveric sessions will be held before and during the conference. Undergraduates and trainees will have the opportunity to practice suturing and dissection skills on cadavers in the surgical training suite. There will also be workshops on cartiva, advanced MRI interpretation, haematology and Hemi implant 1st MTP.

We have been able to obtain support, not only from companies that we work with regularly, but also from some that previously have had minimal contact with our profession. We urge everyone to respond to this commitment that our sponsors have demonstrated.

Put the dates in your diary, move your theatre lists, cancel your clinics and let’s learn, share pearls, mingle and enjoy what we promise will be an excellent conference!

Conference Chair:
Ben Yates, Conference Chair and Consultant Podiatric Surgeon, Great Western Hospital, Swindon

Vice - chairs:
Jim Pickard, Podiatric Surgeon, Mid Yorkshire Hospitals NHS Trust
Ian Beech, Consultant Podiatric Surgeon, St George’s NHS Healthcare Trust

Why should I attend?
- Learn first-hand from leading experts in our field
- Exclusive opportunity to attend a pre-conference one day cadaveric workshop in midfoot and rearfoot surgery
- Enhance your CPD portfolio
- Attend workshops to learn new skills and share and exchange ideas
- Visit the trade exhibition to learn about the latest in surgical products, equipment and services

Who should attend?
The conference programme will offer something of interest to anyone working within, or with an interest in podiatric surgery:

For Consultants;
- Rearfoot masterclass
- Cadaver Workshop
- Pearls and revision Surgery
- Post-op infection

For Registrars;
- Imaging update
- Sports Injuries

For Trainees/MSc Students;
- Suturing skills
- Basic sciences

Cadaver workshops
A full day course on midfoot and rearfoot surgery will be held on Wednesday 11 March. These workshops are kindly supported by Stryker.

A morning workshop for students and trainees will take place on Thursday 12 March this will be followed by a Plastic Surgery / tendon workshop in the afternoon.

All the workshops will take place at University Hospital Coventry & Warwickshire.

Please note that each workshop has limited numbers so early booking is advised.
Delegates can only attend the workshops if registered for the conference. Additional fees apply.
### Conference programme

#### Wednesday 11 March 2015

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>09.00</td>
<td>Cadaver midfoot &amp; rearfoot surgery workshop, University Hospital Coventry and Warwickshire</td>
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<td></td>
<td>Sponsored by Stryker</td>
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#### Thursday 12 March 2015

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>08:30</td>
<td>Registration, breakfast, refreshments and exhibition</td>
</tr>
<tr>
<td>09.00</td>
<td>Cadaver forefoot &amp; dissection skills workshop, University Hospital Coventry and Warwickshire</td>
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<tr>
<td>09.30</td>
<td>Dean’s welcome and opening Haydn Kelly, Dean of Podiatric Surgery &amp; Chair of Committee of the Directorate of Podiatric Surgery</td>
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<tr>
<td>09.40</td>
<td>Plenary Session I The flexible flat foot</td>
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<td>Sponsored by Stryker</td>
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<td></td>
<td>Chair: Dr Tim Kilmartin, Consultant Podiatric Surgeon, Hillsborough Private Clinic</td>
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<tr>
<td></td>
<td>Surgical decision making in the management of flexible flat foot</td>
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<td></td>
<td>Professor Mark Tagoe, Consultant Podiatric Surgeon, West Middlesex University Hospital</td>
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<tr>
<td>10.10</td>
<td>Current controversies in flexible flat foot surgery</td>
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<td></td>
<td>Dr Tom Chang, Northern California Foot and Ankle Center, USA</td>
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<tr>
<td>10.40</td>
<td>Is there a role for arthrodesis?</td>
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<tr>
<td></td>
<td>Stuart Metcalfe, Consultant Podiatric Surgeon, Chelmsley Wood Primary Care Trust</td>
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<tr>
<td>10.55</td>
<td>Case discussions with all speakers</td>
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<tr>
<td>11.15</td>
<td>Refreshments and exhibition</td>
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<tr>
<td>11.45</td>
<td>Plenary Session II Post-operative complications and their management</td>
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<tr>
<td></td>
<td>Chair: Ernest Barlow-Kearsley, Consultant Podiatric Surgeon, CLCH, London</td>
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<tr>
<td></td>
<td>Radiological assessment of post-op complications</td>
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<td></td>
<td>Dr Catherine McCarthy, Consultant Radiologist, Nuffield Orthopaedic Centre</td>
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<tr>
<td>12.10</td>
<td>Current concepts in CRPS</td>
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<td>Professor Candy McCabe, Consultant Nurse, Bath Centre for Pain Services, Royal National Hospital for Rheumatic Diseases, Professor of Nursing and Pain Sciences, University of the West of England</td>
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<tr>
<td>12.30</td>
<td>Post-operative infection; current guidelines and future directions</td>
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<td>Dr Hugo Donaldson, Imperial College, London</td>
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<tr>
<td>12.50</td>
<td>VTE/PE; Diagnosis and peri-operative management</td>
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<td></td>
<td>Dr Susie Shapiro, Royal Free London NHS Foundation Trust</td>
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<tr>
<td>13.10</td>
<td>Lunch and exhibition</td>
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<tr>
<td>14.00</td>
<td>Cadaver Plastic Surgery / tendon workshop, University Hospital Coventry and Warwickshire</td>
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<tr>
<td></td>
<td>Ian Reilly, Nick Richards and Directorate of Podiatric Surgery</td>
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<td>09.00</td>
<td>Plenary Session III Metatarsalgia- debate, discussion, consensus</td>
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<td></td>
<td>Chair: Richard Green, Consultant Podiatric Surgeon, Wye Valley NHS Trust</td>
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<tr>
<td></td>
<td>Morton’s neuroma</td>
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<td></td>
<td>Ian Reilly, Consultant Podiatric Surgeon, Northamptonshire Foundation NHS Trust</td>
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<tr>
<td>09.35</td>
<td>2nd MTP pre-dislocation syndrome</td>
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<td>Speaker tbc</td>
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<td>10.10</td>
<td>Freiburgs Infrastructure</td>
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<td>John Malik, Consultant Podiatric Surgeon</td>
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<td>10.35</td>
<td>The evolution of Hammer toe surgery</td>
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<td>Kaser Nazir, Consultant Podiatric Surgeon</td>
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<td>11.15</td>
<td>Refreshments and exhibition</td>
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<td>11.45</td>
<td>Plenary Session IV Sports Medicine &amp; Injuries in surgical practice</td>
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<td></td>
<td>Chair: Dr Nat Padhier, Consultant Podiatric Surgeon &amp; Honorary Reader, QMUL, London</td>
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<td>Management of stress fractures of the foot: surgical vs conservative</td>
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<td>Professor John B King, Consultant Orthopaedic Surgeon, QMUL</td>
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<tr>
<td>12.15</td>
<td>Posterior ankle impingement syndrome – evidence for management</td>
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<td>Speaker tbc</td>
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<tr>
<td>12.40</td>
<td>Peroneal tendon pathology in sport</td>
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<td>Speaker tbc</td>
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<tr>
<td>13.00</td>
<td>Lunch and exhibition</td>
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<tr>
<td>14.00</td>
<td>Plenary Session V Free papers</td>
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<td>Chair: Claire Freeman, Consultant Podiatric Surgeon, Independent Health Group</td>
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<td></td>
<td>Surgical decompression of the tarsal tunnel with partial plantar fascia release for intractable heel pain: an audit of patient satisfaction in 60 patients</td>
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<td>Ben Yates, Conference Chair and Consultant Podiatric Surgeon, Great Western Hospital, Swindon</td>
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<tr>
<td>14.20</td>
<td>Litigation in Podiatry and Podiatric Surgery; A review of 55 cases</td>
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<td>Dr Tim Kilmartin, Consultant Podiatric Surgeon, Hillsborough Private Clinic</td>
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#### Workshops

- **W1 Cartiva® Synthetic Cartilage Implant Sawbones Workshop**
  - Dr Tim Kilmartin, Consultant Podiatric Surgeon, Hillsborough Private Clinic

- **W2 Advanced MRI interpretation**
  - Dr Catherine McCarthy, Consultant Radiologist, Nuffield Orthopaedic Centre

- **W3 Haematology; Peri-operative analysis**
  - Dr Susie Shapiro, Royal Free London NHS Foundation Trust

- **W4 Toegrip**
  - Sponsored by Orthosolutions
14.50 Role of prophylactic antibiotics in lesser toe fusion surgery; A prospective randomised controlled trial
Matthew Cichero, SpR Podiatric Surgery & Consultant Podiatrist (High Risk), Great Western Hospital, Swindon

15.10 Metatarsal cuneiform fusion for hallux valgus correction. a systematic review
Stephen Hewitt, Podiatric Surgeon, Lewisham & Greenwich NHS Trust

15.30 Refreshments and final exhibition session

16.00 Plenary Session VI Tendon pathology
Chair: Stephen Finney, Consultant Podiatric Surgeon
Tendon transfers in the foot and ankle
Dr Tom Chang, Northern California Foot and Ankle Center, USA
How do tendons heal?
Richard Green, Consultant Podiatric Surgeon, Wye Valley NHS Trust
Hull max joint preserving surgery: Restore the ginglyoarthrodiol joint or convert to a hinge joint?
Richard Green, Consultant Podiatric Surgeon, Wye Valley NHS Trust

16.45 Improving the outcomes of foot and ankle surgery: Development of an audit tool
Rob Hermann, Podiatric Surgeon, South Australia

17.00 The use of viso-supplementation in the treatment of foot and ankle arthritis
Dr Tom Chang, Northern California Foot and Ankle Center, USA

17.30 Independent Prescribing; The way forward
Dr Sharon Rees, Reader in Pharmacotherapeutics, London South Bank University & Mr Steve Kriss, Consultant Podiatric Surgeon, RBH Foundation Trust

17.45 The drugs don’t work?
Ewan Kammegeiter, Specialist Registrar in Podiatric Surgery, Royal Berkshire NHS Foundation Trust

18.15 Plenary Session VIII Symposia and peer reviewed abstracts
Chair: David Tollafield, Consultant Podiatric Surgeon, Spire Hospital, West Midlands
Report from educational bursary prize winner 2011/12
Matthew Cichero, SpR Podiatric Surgery & Consultant Podiatrist (High Risk), Great Western Hospital, Swindon
Stimulan Symposia
Osteomyelitis control by debridement and local antimicrobial release
Dr Christopher Gauland, DPM, Eastern Carolina Foot and Ankle Specialist, USA
The use of high purity calcium sulphate in the management of diabetic foot ulcers with underlying osteomyelitis’
Rajesh Jogia, Consultant Podiatric Surgeon, Derbyshire Community Health Services

18.45 Refreshments

19.15 Podiatric Surgery Down Under - overview and comparison
Andrew van Essen, Podiatric Surgeon, South Australia
Closed conference
Ben Yates, Conference Chair and Consultant Podiatric Surgeon, Great Western Hospital, Swindon
Gold sponsor

Stryker

Stryker is a leader in the worldwide orthopaedic market and is one of the largest medical device companies. Stryker acquired Memometal Technologies, a privately owned French company specialising in foot and ankle implants, in 2011 to complement their existing extensive trauma portfolio. Stryker’s new exciting range of products includes Fixos, EasyClip, Smart Toe and Anchorage Plating system with unique marketing-leading Cross Plates for MTP and Lapidus procedures. Stryker is able to provide an all encompassing industry benchmarked products for Fore, Mid and Rear Foot surgery. For more information please contact your local Stryker representative.

Silver sponsors

Ortho Solutions

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Cartiva

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- Immediate relief from arthritic pain
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Biocomposites

Biocomposites is singularly focused on the development of innovative calcium compounds for surgical use. STIMULAN is a pharmaceutical-grade calcium sulfate that is the perfect partner for your infection management strategy – helping you to improve surgical outcomes and lower overall costs of care.

Conference dinner

The conference dinner will be held at Scarman House on Friday 13 March 2015 and will offer a fantastic opportunity to relax, network and catch up with friends and colleagues.

Tickets are £49 which includes a drinks reception, three course meal and wine.

Dress code: Black tie.

Venue and accommodation

The conference will be held at Radcliffe House, University of Warwick which offers excellent facilities including a modern lecture room, several smaller break-out spaces and over 130 newly refurbished bedrooms onsite. Delegates will be able to book bedrooms directly with the University of Warwick at preferential rates at both Radcliffe House and Scarman House, which is two minutes’ walk away. Further details will be provided to delegates on confirmation of a booking.

Conference organisers

Profile Productions Ltd
Exchange Plaza,
58 Uxbridge Road,
London W5 2ST
Tel: 020 3725 5840
Fax: 0844 507 0578
Email: dops@profileproductions.co.uk
Terms and conditions

1. Registration fees include VAT at the prevailing rate, complimentary refreshments, lunch and conference materials. They do not include accommodation.

2. In order for your booking to be processed you must sign the terms and conditions. Your place is not guaranteed until you have received email confirmation and joining instructions from Profile Productions Ltd. If you do not receive confirmation within 24 hours of your booking being made, you should contact Profile Productions by email, at dops@profileproductions.co.uk

3. Without exception, all fees must be paid in full prior to the event. Any delegates arriving at the conference with their payment outstanding will be asked to provide their credit card details as a guarantee. Any delegates registering within 28 days of the event MUST include a valid credit card for payment on the registration form. Bank transfer charges are the responsibility of the payer.

4. Cancellations received one month prior to the event will be refunded but will be subject to a £45 administration fee. If a cancellation is received within one month of the event (12 February) we regret that no refund can be made. Substitute delegates are welcome at no extra charge but we require you to advise us of any substitutions 72 hours prior to the event. Any cancellations that still have payment outstanding will be liable for either the administration fee or the full registration fee, dependent on the time of the cancellation.

5. Changes to any aspect the conference (including speakers) may be necessary due to events outside the control of Profile Productions and Directorate of Podiatric Surgery. The organisers therefore reserve the right to make any necessary amendments to the programme or timings of the event.

6. The details of registered delegates (name, place of work and occupation) will be placed on the attendee list which will be given to sponsoring companies and exhibitors and made available to delegates. Delegates who do not wish to be included on this list should advise at the time of booking.

7. There will be photography and/or video production taking place during the conference and the resulting images may be used for promotional purposes on-line and/or in printed materials. Delegates who do not wish their images to be included in this material should contact the organisers by email at dops@profileproductions.co.uk prior to the event.

8. Attendance fees will not be refunded in the event of threat of war, terrorism or other circumstances outside of the organisers’ control.

9. We may contact you via email in the future to tell you about upcoming events. If you wish not to be contacted please contact us on dops@profileproductions.co.uk

Payment details

☐ I enclose a cheque made payable to FOPS Conference for £

☐ Please debit my credit/debit card for the sum of £

Card no .......................... Expiry .......................... Security No .......................... Issue no ..........................

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☐ Please send me an invoice for the sum of £

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Invoice name and address if different from above

Tel

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☐ I confirm I have read and agree to the terms and conditions of booking.

Signature .......................... Date ..........................

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e: dops@profileproductions.co.uk