About the Conference
Join us in Liverpool this October for yet another fantastic RCGP Annual Conference.
Due to tremendous success over previous years, our Annual Conference is now the conference of choice for many primary healthcare professionals, showcasing the latest clinical and policy developments across the UK and bringing together an impressive range of national and international speakers.
The programme has been developed with the help of many suggestions submitted by RCGP members.

Why attend?
- A packed programme ensures there is something to suit the whole practice team.
- Help your day-to-day practice and enhance your patient care.
- Get updates on issues relevant to your practice and the latest technological developments.
- Clinical, education, policy and patient sessions as well as specific sessions for First5 GPs, AITs and the wider practice team.
- Small seminars and workshops focusing on clinical updates.
- Learn new skills and exchange ideas using a range of educational techniques.
- Plenty of networking opportunities to exchange ideas with over 2000 primary care professionals.

As always, this will be different from any other conference you attend this year. We look forward to welcoming you to Liverpool and giving you a conference to remember!

Follow us on twitter - @rcgp #RCGPAC

Plenary speakers

David Hodges @notmyNHS
I’ve left the conference RCGPAC with a dozen good ideas, if I put one into practice then I will view my time spent a success

Danny Chapman @ddannychapman
Met a lovely GP from Northern Ireland who comes to RCGPAC every year not to learn, but to be inspired and reinvigorated. I can see why!

Thomas Round @drtomround
@RCGP @RCGP_Conference 2013 the best yet. Fantastic sessions and met so many amazing and inspirational GPs. Can’t wait for 2014! #RCGPAC

Feedback from previous delegates

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**THURSDAY 2 OCTOBER 2014**

- **8.00** | Registration, coffee and exhibition session
- **PLENARY SESSION 1**
  - **10.00** | President's welcome
  - **10.15** | Chair of council's address
  - **10.35** | Preparing resilient health services which address inequalities
  - **11.00** | Future-proofing against depression – raising awareness
- **11.10** | Coffee, exhibition and attended poster session 1 and speakers corner
- **12.10** | Concurrent sessions A
- **13.10** | Lunch, exhibition, poster session and sponsor's symposia and speakers corner
- **14.20** | Ministerial address and question time
- **14.50** | Concurrent sessions B
- **16.00** | Tea, exhibition and attended poster session 2 and speakers corner
- **16.50-17.50** | Concurrent sessions C
- **17.50** | RCGP welcome reception and networking opportunity in exhibition hall and attended poster session 3
- **18.30** | Fringe meetings and supplements
- **20.00** | Evening networking events

**FRIDAY 3 OCTOBER 2014**

- **8.00** | Fringe meetings
- **8.00** | Registration, coffee and exhibition session
- **PLENARY SESSION 3**
  - **9.10** | Chair's introduction
  - **9.15** | Future-proofing relationship based care
  - **9.35** | How genetics will impact upon health care
- **10.15** | Put patients first: back general practice
- **11.00** | Future-proofing the NHS
- **11.15** | Coffee, exhibition and attended poster session 4 and speakers corner
- **12.00** | Concurrent sessions D
- **13.00** | Lunch, exhibition, poster session and sponsor's symposia and speakers corner
- **14.10** | Concurrent sessions E
- **15.10** | Tea, exhibition and poster viewing and speakers corner
- **15.55-16.55** | Concurrent sessions F
- **PLENARY SESSION 4**
  - **17.00** | Visions for the future: personal vignettes
  - **17.05** | Dame Julie Mellor, Chair and Ombudsman, Parliamentary and Health Service Ombudsman
  - **17.20** | Mark Drakeford, Welsh Minister for Health
  - **17.35** | Prof Steve Field, Chief Inspector of General Practice, Care Quality Commission
  - **17.50** | Open forum for the future
  - **18.10** | Close
  - **18.15** | Fringe meetings
  - **20.00** | Evening networking events

**SATURDAY 4 OCTOBER 2014**

- **8.45** | Registration and coffee
- **9.30** | Concurrent sessions G
- **10.30** | Coffee
- **PLENARY SESSION 5**
  - **11.00** | Chair’s introduction
  - **11.05** | Research Paper of the Year award
- **11.20** | RCGP address
- **11.30** | Resilience and medicine - lessons from an Antarctic practice
- **11.55** | My doctor makes me sick!
- **12.55** | My doctor makes me sick!
- **13.15** | Closing remarks
- **13.20** | Close

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**Pre-conference for First5 members and AiTs**

£18 inc. VAT and refreshments (limited places)

**Getting back to compassionate care**

Half day pre-conference aimed at First5 members and AiTs. Has General Practice lost its compassion? How can we regain the values which make UK General Practice the best in the world?

- Connect to the College
- Network and make connections with other GPs. Leave inspired!
- Speakers include: Prof Simon Gregory, Director of Education

**PLENARY SESSION 1**

Resilience in practice

- **8.00** | Registration, coffee and exhibition session
- **10.00** | President’s welcome
- **10.15** | Chair of council’s address
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## Concurrent sessions

### A1 Clinical

**Respiratory update**  
**Chair:** Dr Steve Holmes, Education Lead, Primary Care Respiration Society UK  
- **Asthma update** – Dr Kevin Gruffyd Jones, RCGP Respiratory Lead  
- **COPD update** – Dr Steve Holmes  
  It is thought that more than 20% of primary care workload relates to respiratory symptoms and the two commonest respiratory long-term conditions are asthma and COPD. The asthma update will cover clinical cases highlighting changes in the asthma guidelines, learning from the National Review of Asthma Deaths – and diagnosis in small children. The COPD update will cover clinical cases highlighting early accurate diagnosis, using inhalers effectively, differential diagnosis of acute exacerbations and guidance on ACOS (Asthma COPD Overlap Syndrome).

### A2 Policy

**What’s the future of out of hours care**  
**Chair:** Dr Agnelo Fernandes, RCGP Urgent and Emergency Care Lead  
- Dr Brian Michie - OOH Service Stornoway, Isle of Lewis tbc  
- Dr Riaz Jetha – Seldoc GP cooperative tbc  
  This session will look at the current state of out of hours care and examine different service models.

### A3 Quality

**Quality in practice**  
**Chair:** Prof Amanda Howe, Vice Chair, RCGP  
- **Practice standards** – Prof Nigel Sparrow, National Professional Advisor, Care Quality Commission  
- **Implementation** – Prof Martin Marshall, GP and Chair, RCGP Ethics Committee  
- **Research** – Dr Imran Rafi, Chair, RCGP CIRC  
- **Training teachers** – Dr Helen Mead, GP Dean, Health Education East Midlands  
  How does the College's work on quality contribute to practice? A practical session looking at key themes of the RCGP quality strategy.

### A4 Research

**Being a researcher makes me a better clinician**  
**Chair:** Dr Joanne Reeve, Chair, Society for Academic Primary Care (SAPC)  
- Prof Steve Illiffe, Professor of Primary Care for Older People, University College London  
- Dr Emma Clarke, NIHR In-Practice Fellow & Salaried GP, University of Keele  

### A5 Innovation and Leadership

**IT innovations**  
**Chair:** Dr Steve Mowle, GP, London  
- **Working collaboratively with dementia patients and carers** – use of IT to support care planning and improve outcomes – Dr Jill Rasmussen, RCGP Clinical Champion for Dementia  
- **“My computer's asked me...” Educating for the contemporary consultation** – Dr Deborah Swinglehurst, Academic Clinical Lecturer, Queen Mary University of London  
- **Whose data can you share with whom?** – Libby Morris, RCGP Health Informatics Group  
- **Discussion**  
  This session showcases three different speakers who introduce different aspects of working with information technology in our day-to-day working lives.

### A6 AITs

**Big AIT questions**  
**Chair:** Dr Simon Glew, Vice Chair, AIT Committee, RCGP  
- Dr Maureen Baker, Chair of Council, RCGP  
- Dr Helen Stokes-Lampard, Honorary Treasurer, RCGP  
- Dr Krishna Kasaraneni, Chair, GP Trainees’ Subcommittee, BMA  
- Dr Jill Edwards, GP Dean, Health Education Thames Valley  
- Dr Ben Riley, Medical Director of Curriculum, RCGP  

### A7 Clinical

**Improving awareness: wider issues in primary care – what are the clinical implications?**  
**Chair:** Dr Mark Highton, Medical Director, RCGP CIRC  
- **Female genital mutilation** – Dr Amber Janua, GP, Hertfordshire  
- **Cross-cultural communication and barriers to western medicine** – Prof Aneez Esmail, Institute of Population Health, University of Manchester  
- **Healthcare for trans* patients** – Dr Rafik Tijbee, Co-Chair – Gay & Lesbian Association of Doctors and Dentists  
  This session aims to bring you insights in several topical subjects that can significantly impact on your daily practice and improve your patient care.

### A8 Papers

**Education and training - short paper presentations**  
- **A trip to the movies:** using film to facilitate communication skills assessment and learning – Alexandra Macdonald, Wessex School of General Practice Portsmouth Primary Care Education  
- **The Audio-COT (Clinically Observed Tool)** – a friend or foe? An evaluation of GP trainers’ interest in and use of this clinical teaching and formative assessment tool – Bryony Sales, Wessex School of General Practice, Wessex Deanery  
- **Assessment of Children in the URgent-care Environment (ACURE):** evaluation of a ‘video-vignette’ teaching tool – Matthew Booker, University of Bristol  
- **Advanced training practice scheme-promoting student nurse training in general practice** – Pete Lane, Health Education Yorkshire and Humber  
- **An intensive clinical communication programme as a means of remediating high risk doctors** – Mark Dinwoodie, Medical Protection Society
Concurrent sessions

THURSDAY 2 OCTOBER – CONCURRENT SESSIONS B

B1 Clinical

Living well with frailty: the role of primary care
Chair: Prof Nigel Mathers, Honorary Secretary, RCGP
- Dr Martin McShane, Director, Improving the Quality of Life for People with Long Term Conditions, NHS England
- Dr John Young, Geriatrician and National Director for Integration and Frail Elderly

Frailty is a distinctive health state related to the ageing process in which multiple body systems gradually lose their in-built reserves. This means the person is vulnerable to dramatic, sudden changes in health triggered by seemingly small events such as a minor infection or a change in medication. At present we do not formally ‘diagnose’ frailty. This means systematic case finding and proactive care is difficult. How can we grade the frailty state in order to produce supportive self-management plans?

B2 Education

The revalidation surgery: ask the experts
Chair: Prof Nigel Sparrow, Medical Director of Revalidation, RCGP
Facilitated by members of the RCGP specialty advisor team, including Dr Jonathan Closwes, Dr Boyd Gilmore and Dr David Stephens

Is your career interesting – or your workplace unusual? Join our experts to discuss the barriers and solutions for GPs working and revalidating in different situations – including locums, out-of-hours doctors, GPs with special interests or extended roles, and those who work overseas. Find out how practices and organisations can better support their doctors through the appraisal and revalidation process to improve quality of care – and ask for advice on your own ‘revalidation dilemmas’.

B3 GPF

GPs cannot do the job on their own
Chair: Jenny Aston, Nursing Lead, RCGP General Practice Foundation
- Dr Crystal Oldman, CEO, Queen’s Nursing Institute
- Dr Lisa Bayliss Pratt, Director of Nursing, Health Education England

General practice nursing workforce is at crisis point, so developing this workforce needs to be an essential part of the solution to increasing care delivery in general practice. The call for more GPs is to be welcomed, but as GPs take on increasingly complex older patients, nurses and HCAs will inevitably play an important role if practices are to remain resilient in the current financial climate. The lack of a career pathway, minimum training standards and student nurse exposure to general practice is not helping attract the best nurses into primary care settings. In light of these issues RCGP GPF, COGFED and HEE came together with all 13 LETBs and others to develop ten recommendations.

B4 Ethics

Ethics debate: This house believes that part-time working is the only way for GPs to maintain their personal resilience
Chair: Prof Martin Marshall, GP, Chair, RCGP Ethics Committee
For: Dr Margaret McCartney, GP and writer, Scotland
Against: Dr Laurence Buckman, GP and Past Chair, General Practitioner’s Committee

How well are you dealing with the expectations that are being placed on you by your patients, your colleagues, the NHS and government? Do you sometimes feel like you are trading off your health and happiness for that of your patients? How do you maintain your personal and professional resilience? Come and participate in what promises to be a lively debate.

B5 Patient

Patient partnership in primary care: a future requirement towards a primary service of excellence?
Chair: Harvey Ward, Lay Chair, RCGP Patient Partnership Group
- Dr Amir Hannan, GP, Thornley Medical Centre
- Mr Michael Holden, RCGP Northern Ireland PiP Group
- Jacqui Storer, RCGP Wales PiP
- Hamish Wood, Lay Chair, RCGP Scotland P3
- Patricia Wilkie, Chair, NAPP

The benefits of patient involvement from both a peer and patient perspective will be highlighted. Guidelines on setting up your own patient practice group and the interactive tools available to facilitate this will be showcased.

B6 First5

Surviving a 40 year career
Chair: Clare Gerada, Practitioner Health Programme
- Dr Mike Peters, Head of Doctors for Doctors Unit, British Medical Association

With mounting pressures in general practice, and an ever-lengthening career, how can doctors keep themselves well? What are the common pitfalls which trip doctors up? How can doctors seek help from other doctors ensuring good quality and confidential care? Dr Gerada and Dr Peters share their combined experience to help you enjoy your time as a GP.

B7 International

International opportunities to reinvigorate your career
Co-chairs: Prof Val Wass, JIC Chair and Dr Sandra Mather, Head of International, RCGP
- Volunteering overseas – a personal story of reinvigoration – Dr Richard Withnall
- Learning from exchanges – my experience – Dr Katrina Whalley, JIC rep

B8 Papers

Cancer and audit excellence - short paper presentations
- Healthcare factors influencing patients’ decisions to consult GPs for symptoms suggestive of lung or colorectal cancer – Nicola Hall, Durham University
- The impact of public awareness campaigns for cancer symptoms on visits to the GP – Abigail Bentley, Cancer Research UK
- Prostate cancer follow-up autopilot system: a new model applied in two UK university hospitals – Hesham Salem, Royal Derby NHS Hospital
- Audit of frequent attendance as a marker for identification of medically unexplained symptoms – Rhiannon England, City and Hackney Clinical Commissioning Group
- Clinical audit of unexplained lower urinary tract infections in general practice – Daniel Mills, The University of Manchester
- Hospital at home – an audit of patients admitted with pneumonia – John O’Loan, Partners4Health

Check the website or app for programme updates. Book online at www.rcgp.org.uk/annualconference
Concurrent sessions

THURSDAY 2 OCTOBER – CONCURRENT SESSIONS C

**C1 Clinical**

Safeguarding children and young people
Chair: Dr Jane Roberts, RCGP Clinical Champion for Youth Mental Health
- Audit – Dr Janice Allister, RCGP Clinical Expert in Child Health
- Toolkit – Dr Vimal Tiwari, Chair, Primary Care Child Safeguarding Forum
Update on the essential role of primary care in proactively safeguarding and promoting welfare in children and young people who are suffering, or are likely to suffer significant harm as a result of maltreatment or neglect.

**C2 Policy**

Transformational commissioning in primary care
Chair: Dr Tim Ballard, Vice Chair, RCGP
- Dr Mike Bewick, Deputy Medical Director, NHS England
- Dr Amanda Doyle, OBE, Co-Chair of NHS Clinical Commissioners and Chief Clinical Officer at NHS Blackpool CCG
- Dr David Paynton, Clinical Commissioning Lead, RCGP
There are unprecedented challenges facing the whole health care system that we believe that general practice and primary care is one of many solutions. The RCGP putting patients first campaign has made a robust case for investment in primary care but how and what do we do with it when it arrives?

**C3 Secure Environments Group**

How should primary care treat offenders?
Chair: Marcus Bicknell, Secure Environments Group (SEG)
- Iain Brew, SEG
- Ann Norman, Learning Disabilities and Criminal Justice Nursing Adviser, RCN
With over 150,000 people passing through prisons every year and many more through criminal justice settings, the management of offenders is everyone’s business. Falling budgets, an aging population and increasingly expensive medication for conditions such as viral hepatitis, and the political drive to reduce reoffending are particular pressures. The SEG will like to engage with all colleagues working in generic primary care to develop guidance and look at resources to ensure effective collaborative care for this challenging patient group.

**C4 Research**

Stories from the frontline: winners in research
Chair: Dr Imran Rafi, Chair, RCGP CIRC and Dr Helen Stokes-Lampard, Honorary Treasurer, RCGP
- Yvonne Carter Award winner
- Research Paper of the Year section winners
- Cancer
- Degenerative disease
- Primary care
Short presentations of the best current research and how that can be applied in practice will be followed by a panel discussion with Q&A. Speakers will be announced in the summer when the winning research papers are announced.

**C5 Education**

Future-proofing the workforce: enhancing resilience in tomorrow’s GPs
Chair: Dr Jonathan Foulkes, Medical Director of Quality Management and Training Standards, RCGP
- Dr Steve Walter, Head of School, GP Education West Midlands
- Dr Patricia Houlston, GP Education West Midlands
This workshop will draw on real examples taken from GP training programmes across the UK to explore how to:
- spot doctors in difficulty
- identify doctors at risk of exam failure
- improve the resilience of tomorrow’s GPs.

**C6 Innovation and Leadership**

Innovation and leadership
Chair: Col David Morgan-Jones, RCGP Leadership Fellow, Deputy Director Army Primary Health Care Services
- Leadership and innovation – Col David Morgan-Jones
- From theory to implementation: our approach to leadership development – Lucy Munro, RCGP Scotland
- Linking research and clinical practice: medical journals and social media – Euan Lawson, Deputy Editor and Roger Jones, Editor, BJGP and Margaret McCartney, GP and writer, Glasgow
- Chaired interactive discussion
Our profession needs leaders and Lucy Munro will present RCGP Scotland’s practical framework for developing our leaders of the future. The BJGP team will explore the changing way GPs today access information about information and research, and no, it’s not just about journals!

**C7 Hot topic**

LIVE TWITTER DEBATE! #RCGPSAM
Put patients first: How can we use social media and other innovations to communicate more effectively with patients, carers and the wider public?
Chair: Dr Ben Riley, GP and author of the Social Media Highway Code
- Panel of guests from the world of social media, including Dr Maureen Baker, Chair of Council, RCGP and regular Tweeter, plus a mystery guest
Following the success of last year’s event, we will again be using social media to link-up live with the Society of Acute Medicine’s International Scientific Conference in Harrogate. This year, the discussion will focus on how social media and other innovative approaches to communication can be used to improve discussion and interaction between patients, the public and healthcare professionals in a wide range of areas, such as learning about health, accessing services and shaping health policy. Featuring an interactive panel discussion at both venues, this session will be a real-time demonstration of how social media fosters debate across traditional healthcare boundaries. Follow the discussion live on Twitter with #RCGPSAM.

**C8 Papers**

Clinical - short paper presentations
- Bohemian polypharmacy – Jane Wilcock, University of Liverpool and Salford CCG
- The role of reception staff in the triage of patients presenting to general practice with acute stroke: insights of reception staff – Elizabeth Bates, Department of Primary Care Clinical Sciences, University of Sheffield
- The importance of recognising an underlying diagnosis of autism in common psychiatric conditions – Clodagh Murphy, Adult Autism and ADHD service, Maudsley Hospital and KCL
- Guidance for the long-term care of post-bariatric surgery patients within primary care – Helen Parrett, University of Birmingham
### Concurrent sessions

**FRIDAY 3 OCTOBER – CONCURRENT SESSIONS D**

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<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Chair/Co-chairs</th>
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| **D1** | Clinical | Diabetes: what’s new in the care of diabetes and their carers?  
Chair: Dr Matt Highton, Medical Director, RCGP CIRC  
Clinical and technological update – Dr Stephen Lawrence, Primary Care Medical Advisor, Diabetes UK and Clinical Diabetes Lead, RCGP  
Service delivery and political changes in diabetes care – Simon O’Neill, Director of Health Intelligence, Diabetes UK  
Overview of the latest evidence and recommendations to improve the health and wellbeing of people with diabetes. |
| **D2** | Policy | What can we learn from health systems around the world?  
Co-chairs: Prof Val Wass, JIC Chair and Dr Sandra Mather, Head of International, RCGP  
Dr Dudley Graham, Birmingham  
Dr Greg Irving, RCGP International Committee and VdGM, WONCA |
| **D3** | End of life care | More care, less pathway – future-proofing end of life care  
Chairs: Imelda Redmond, Director of Policy & Public Affairs, Marie Curie Cancer Care and Dr Peter Nightingale, RCGP/Marie Curie Clinical Lead in End of Life Care  
Dr Bill Noble, Medical Director, Marie Curie Cancer Care  
Dr Adam Firth, RCGP/Marie Curie Fellow in End of Life Care  
The session will focus on the practical delivery of high quality end of life care in the community now that the Liverpool Care Pathway has been withdrawn. There will be a focus on how to build sustainability into the way GP practices can work effectively in teams to provide improved outcomes for both patients and GPs themselves. |
| **D4** | Patient | GPs, pharmacists and patients: working better together to improve patient care  
Chair: Prof Nigel Mathers, Honorary Secretary, RCGP and Harvey Ward, Lay Chair, RCGP Patient Partnership Group  
Royal Pharmaceutical Society – Alex MacKinnon, RPS Scotland Director  
RCGP Scotland P3 – Hamish Wood, Lay Chair and Malcolm Westwood, Lay Member. |
| **D5** | Resilience | Resilience and wellbeing  
Chair: Prof Amanda Howe, Vice Chair, RCGP  
Resilience applying the science – Dr Alastair Dobbin, Honorary Fellow, Clinical Sciences, Edinburgh and Dr Chris Manning, Director at UPstream Healthcare Ltd  
How can doctors recover from addiction/alcoholism (recovery learning tips) – Dr Michael Blackmore, GP, NHS Forth Valley  
Compassionate care – building resilience in GPs by exploring self-compassion. Take the shame away and put the joy back in – Jenny Bennisson, Assistant Director of Postgraduate GP Education, NHS Education for Scotland  
Open discussion |
| **D6** | Research | Health literacy  
Chair: Dr Gill Rowlands, Chair, Health Literacy Group, SAPC  
Dr Joanne Protheroe, Senior Lecturer in General Practice, Keele University  
Euan Lawson, Deputy Editor, BJGP  
The session will outline exactly what health literacy is, and its relevance and importance and present recent research evidence of the impact to UK general practice. There will be a structured interactive discussion including topics on raising awareness of health literacy at policy, professional and patient levels. The aim will be to develop concrete plans for action including practical suggestions for rolling out ideas for raising awareness of and addressing health literacy across the UK and personal development plans for appraisal/revalidation. |
| **D7** | First5 | Developing resilience through mentoring  
Chair: Dr Phil Williams, RCGP National First5 Lead  
Dr Claire Campbell, RCGP Wales  
Dr Samir Dawlatly, GP Partner, Jiggins Lane Medical Centre and GP Confidential & Dr John Cosgrove, GP Confidential  
What is the point of mentoring? This session is an essential introduction for both potential mentors and those who would like support themselves. It will showcase the Medical Student Teaching and Mentoring Programme, developed in Wales, as well as 21st century peer support through social media. |
| **D8** | Papers | Service delivery innovations - short paper presentations  
Stumbling upon a new model for general practice – Alyson McGregor, CIHM, Fischer Associates  
Suffolk GP Federation - the first year of life – Timothy Reed, Suffolk GP Federation  
"PARADOC" - An innovative approach to reduce unnecessary hospital admissions – Sundar Thavapalasundaram, CHUHSE  
Advice and guidance - a collaborative pilot with a new bespoke web-based system – George Dingle, Lancashire North CCG  
A personalised care planning pilot using an iterative approach: lessons for the future – Nigel Mendes, Hammersmith and Fulham CCG  
RISC recovery in shared care: can recovery and harm reduction co-exist in a shared care service? – Sandra Oelbaum, Addaction |

Check the website or app for programme updates on the fringe, satellite and short paper sessions.
Concurrent sessions

FRIDAY 3 OCTOBER – CONCURRENT SESSIONS E

**E1 Clinical**
Coping with complexity – working outside guidelines for patients and their carers
Chair: Dr Terry Kemple, RCGP Council and International Committee
- Dr Margaret McCartney, GP and writer, Glasgow
- Dr Julian Treadwell, Portfolio GP, Bath and North East Somerset
Polypharmacy and multimorbidity are the norm, yet prescribing is driven by single condition guidelines applied to patients. A review of a range of well researched evidence where strict guideline adherence may not be helpful or even be harmful.

**E2 Education**
Learning together: building skills and resilience in child and mental health
Chair: Dr Ben Riley, GP and Medical Director of Curriculum, RCGP
- Dr Bob Klaber, Consultant Paediatrician, Imperial College Healthcare NHS Trust, and Officer for Education Programme Development, Royal College of Paediatrics and Child Health
- Dr Maryanne Freer, Consultant Psychiatrist and GP Educator, Charlie Waller Memorial Trust
Discover how multi-professional education and new approaches to shared training are enhancing professional skills, improving patient care and boosting resilience in general practice, drawing on real-world examples from the areas of child and mental health.

**E3 Innovation and Leadership**
Innovations in service
Chair: Dr Steve Mowle, GP, London
- Working in deprived areas – challenges and solutions – Dr Paramjit Gill, RCGP Health Inequalities Standing Group and Dr Jennifer King, Sessional General Practitioner in Hackney, Royal College of General Practice Health Inequalities Standing Group member
- Improving patient flow within primary care – Bill Taylor, Clinical Lead Quality Improvement, CIRC, RCGP and Susan Bishop, QuEST National Lead (Primary Care, Community and Outpatients), Scottish Government
- Quality Federation Scheme – Dr Ashley Liston, GP, North East England Faculty
- Discussion
This session is all about presenting solutions for GPs working in deprived areas, improving patient access and then onwards flow through the primary healthcare system.

**E4 GPF**
Leadership in healthcare: meeting the challenge through enhancing resilience
Chair: Sandy Gower, Co-Lead, Practice Management, RCGP General Practice Foundation
- Guy Lubitsh, Chartered Organisational Psychologist, Ashridge Business School
- Amy Armstrong, Research Fellow, Ashridge Business School
This session will explore the findings from recent Ashridge research into resilience in the NHS and explore what it means for GPs, practice managers and practice nurses. We will also share case study work of how participative processes have been used to develop resilience within GP practice. More generally, the session will help you to understand what resilience means at a personal level, as well as providing you with strategies to help build your personal resilience at work.

**E5 Research**
The role of the RCGP Research and Surveillance Centre (RSC) in national surveillance
Chair: Prof Simon de Lusignan, Director, RCGP RSC
- Surveillance for influenza – Gillian Smith, Public Health England
- Vaccine effectiveness – Richard Pebody, Public Health England
- The RSC and RCGP CIRC – Dr Imran Rafi, Chair, RCGP CIRC
The early recognition of epidemics, change in patterns of infections, response to vaccines and antibiotics are all critical in a modern health system. The RSC is looking to add intestinal infectious disease (vomiting and diarrhoea illness) and chlamydia to its screening programmes. We are also introducing more secure, but more responsive cutting edge technology. This session will look at what we know about health and disease from this general practice gold standard sentinel network. It will showcase our new and more interactive use of data and its links to CPD. It will give an overview of the diverse work programme of the centre and latest research updates.

**E6 Clinical**
Telephone triage
Chair: Dr Steve Holmes, Education Lead, Primary Care Respiratory Society UK
- Triage: safe, effective and convenient – what’s not to like? – Dr Steven Laitner, Clinical Advisor and Harry Longman, Chief Executive, Patient Access
- Access and continuity: you can have your cake and eat it! – Dr Jenny Bennison, GP, Rose Garden Medical Centre
The objective of the session is to help the audience appreciate the clinical case for a ‘telephone triage’-based system as the ‘front end’ of primary care and to understand the various barriers to uptake and how they can be overcome. We will show data and case studies to illustrate the impact on a telephone triage-based system on demand for primary care, access, responsiveness, continuity and impact on the wider urgent care delivery system.

**E7 Veterans**
Veteran’s health
Chair: Dr David Rapley, RCGP Midland Faculty
- Long-term mental health issues – Prof Neil Greenberg, Psychiatrist, King’s College London
- The GP and the veteran – Col Dr Robin Simpson, GP Dean, Defence Medical Services, Birmingham
- Is the RCGP doing enough? – Dr Jonathan Leach, GP and Medical Director, NHS Worcestershire
- Discussion
The First World War started in 1914 and for the next four years the country will commemorate the 100th anniversary of this war. It is estimated that there are around four million veterans and if veterans were evenly distributed across the UK, then it would be expected that each GP would have about 100 veterans under their care. Is the RCGP doing enough to ensure GPs are meeting the specific health needs of this large group of patients?

**E8 Papers**
Protecting and supporting the GP workforce - short paper presentations
- Producing a future-proof workforce – Gail Nicholls, University of Leeds
- Doctors’ difficulties discussed. What is the best way to provide wellbeing and resilience training to medical students? – David Longford, University of Liverpool
- Tomorrow’s GPs are unaware of the health risks of physical inactivity and of the UK Physical Activity Guidelines – Michael Dunlop, Nottingham University Hospital NHS Trust
- The influence of med-school placement on career specialty preference – Michael Albert, University of Liverpool
- Staying human: the role of mindfulness in medical education – Lauren Robson, University of Bristol
Concurrent sessions

FRIDAY 3 OCTOBER – CONCURRENT SESSIONS F

F1 Clinical
New clinical priorities
Chair: Dr Matt Hoghton, Medical Director, RCGP CIRC
- Dr Carole Buckley, RCGP Clinical Champion for Autistic Spectrum Disorders
- Dr Sachin Gupta, RCGP Clinical Lead for Carers
- Dr Jill Rasmussen, RCGP Clinical Champion for Dementia
- Dr John Patterson, RCGP Clinical Champion for Health Inequalities
- Dr Jane Roberts, RCGP Clinical Champion for Youth Mental Health
- Dr Richard Roope, RCGP/CRUK, Clinical Lead for Cancer Care
- Dr Waqar Shah, RCGP Clinical Champion for Eye Health
- Dr Judy Shakespeare, RCGP Clinical Champion for Perinatal Mental Health
- Dr Ian Walton, RCGP Clinical Lead for Mental Health and Whole-Person Care
- Dr Ian Rubenstein, GP & RCGP CIRC/Sowerby Innovation Fellow, Eagle House Surgery

F3 Policy
Polypharmacy, multi-morbidity and stopping medicines
Chair: Helen Stokes-Lampard, Honorary Treasurer, RCGP
- Polypharmacy, multi-morbidity and older people – Prof Tony Avery, Professor of Primary Health Care, University of Nottingham
- Dr Martin Duender, Clinical Senior Lecturer, Bangor University
- Dr Rupert Payne, Clinical Lecturer, University of Cambridge

F4 Hot topic
Hot topic – The RCGP inquiry
Speakers to be confirmed

F5 Patient
Tapping into the resourcefulness of patients and communities
Chair: Alison Richards, Lay Vice Chair, Patient Participation Group
- Shifting the boundaries between citizens and services – Alyson McGregor, Director, Altogether Better
- Social prescribing – Dr Dirk Pilat, GP Partner, Bromley-by-Bow Partnership

F6 AITs
Health economics and medical politics – a beginner’s guide
Chair: Dr Simon Glew, Vice Chair, AIT Committee, RCGP
- Sir Muir Gray, Better Value Healthcare
- Prof Mike Pingleton, President, RCGP
- Dr Helena McKeown, GP, RCGP and BMA Council Member, Councillor for Salisbury, St Edmund and Milford
- Dr Clare Gerada, GP Lead, NHS London

F7 Rural
Rural practice
Chair: Dr Malcolm Ward, Chair, RCGP Rural Forum
- Developing resilience in remote and rural practice: new ideas from RCGP Scotland – Dr Hal Maxwell, Remote and Rural Lead, RCGP Membership Liaison Group
- A new route to rural practice and revalidation – Dr Malcolm Ward, Chair, RCGP Rural Forum; Dr Alyx Cole-King, Psychiatrist and Dr Colville Laird, Medical Director BASICS, Scotland
- Discussion
Future-proofing remote and rural practice will depend on ensuring that we are able to train, recruit and retain rural GPs to deliver a safe, high quality service.

F8 Papers
Research - short paper presentations
- The 3D study: improving the management of patients with multimorbidity in general practice – Imran Rafi, RCGP
- Evaluating general practitioner-led urgent care centres: an interrupted time series – Shamin Ghan, Imperial College London
- Identification of patients at risk of genetic diseases: can we do better? – Paul Nathan, Hollybrook Medical Centre
- Should GPs perform diagnostic ultrasound at the point of care? – Mark Karaczun, The Norwich Medical School
- A patient on long-term proton pump inhibitors develops sudden seizures and encephalopathy: unusual presentation of hypomagnesaemia – Nirav Ghandi, HEFT

Book online at www.rcgp.org.uk/annualconference

Check the website or app for programme updates on the fringe, satellite and short paper sessions.
## Concurrent Sessions

### SATURDAY 4 OCTOBER – CONCURRENT SESSIONS G

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<thead>
<tr>
<th>G1 Clinical</th>
<th>G4 Policy</th>
<th>G5 GPF</th>
<th>G6 AI Ts</th>
<th>G7 Clinical</th>
<th>G8 Papers</th>
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</thead>
<tbody>
<tr>
<td><strong>The NHS Health Check – a systematic approach to the prevention of cardiovascular disease?</strong></td>
<td><strong>Care.data – Big Brother watching us?</strong></td>
<td><strong>Resilient practices – case studies on working together differently</strong></td>
<td><strong>GP careers – getting innovative</strong></td>
<td><strong>How can general practice optimise bone health without over investigating or over treating?</strong></td>
<td><strong>Sexual, women's and adolescent health - short paper presentations</strong></td>
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<tr>
<td>Chair: Jamie Waterall, National Lead NHS Health Check Programme, Public Health England</td>
<td>Chair: Prof Nigel Mathers, Honorary Secretary, RCGP</td>
<td>Chair: Fiona Dalziel, DL Practice Management Consultancy, Co-Lead, Practice Management, RCGP GPF</td>
<td>Chair: Dr Simon Glew, Vice Chair, AiT Committee, RCGP</td>
<td>Chair: Dr Matt Houghton, Medical Director, RCGP CIRC</td>
<td><strong>Knowledge of and attitudes to HIV in general practice – Ruth Naughton, Irish College of General Practitioners</strong></td>
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<td>Dr Matt Kearney, GP, Runcorn and National Clinical Advisor, NHS England and Public Health England</td>
<td>Chair: Prof Les Toop, Head of Department of General Practice, University of Otago and Deputy Chair, Pegasus Health and Social Care Partnership</td>
<td>Chair: Fiona Dalziel, DL Practice Management Consultancy, Co-Lead, Practice Management, RCGP GPF</td>
<td>Chair: Dr Simon Glew, Vice Chair, AiT Committee, RCGP</td>
<td><strong>Review of Hepatitis B (HBV) and C (HCV) in a drug population – Tim Davis, Academic Clinical Fellow in General Practice, University of Bristol</strong></td>
<td><strong>Budget impact analysis of PIGF in the prediction of pre-eclampsia: the potential for improved health service usage – Suzy Duckworth, King’s College London</strong></td>
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<td><strong>What’s the point? What does the evidence tell us about the NHS Health Check?</strong> – Dr Matt Kearney, GP, Runcorn and National Clinical Advisor, NHS England and Public Health England</td>
<td><strong>Tim Kelsey, National Director for Patients and Information, NHS England</strong></td>
<td>Chair: Fiona Dalziel, DL Practice Management Consultancy, Co-Lead, Practice Management, RCGP GPF</td>
<td>Chair: Dr Simon Glew, Vice Chair, AiT Committee, RCGP</td>
<td><strong>Commissioning for quality and efficiency? An evaluation of contractual arrangements for intrauterine and sub-dermal contraception from general practices in London – Richard Ma, London Sexual Health Programme, London School of Hygiene and Tropical Medicine, The Village Practice</strong></td>
<td><strong>Innovating change in adolescent health care – Shamila Parks, RCGP Adolescent Health Group</strong></td>
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<td><strong>Implementing the NHS Health Check. Impact and outcomes across 139 practices in East London</strong> – Dr John Robson, GP, Tower Hamlets and Reader, Centre for Primary Care and Public Health, Queen Mary University of London</td>
<td><strong>Dr Chaand Nagpaul, Chair, GPC</strong></td>
<td>Chair: Fiona Dalziel, DL Practice Management Consultancy, Co-Lead, Practice Management, RCGP GPF</td>
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<td>The NHS Health Check is the first large-scale risk factor modification programme in the world. Although it is now commissioned by local authorities, GPs and their teams remain central to the health check pathway either in delivering the health checks themselves or in providing clinical follow up. So what is the evidence-base behind the NHS Health Check, how can quality be assured amongst a range of providers, what do we know about its effect on outcomes, and what will be the impact of JBS3?</td>
<td><strong>Speaker tbc</strong></td>
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<td>An expert panel give their views on data and its use, followed by discussion.</td>
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### Medical students: why choose a career as a GP?

**Chair:** Sinead Whelan, Membership Marketing and Initiatives Manager, RCGP

*Just a GP?* What’s it really like being a GP! – Dr Phil Williams, First5 Lead, RCGP

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### General practice is the first choice specialty for any medical student: why choose a career as a GP?

**Chair:** Dr Pauline Foreman, Chief Examiner, RCGP

### Future-proofing the MRCGP: assessing key survival skills for general practice

**Chair:** Dr Pauline Foreman, Chief Examiner, RCGP

**Dr MeiLing Denney, MRCGP Research and Development Initiatives Manager, RCGP**

**Dr Mike Davies, Workplace-Based Assessment Core Group, RCGP**

**Dr Ruth Handford, First5 GP, Measham Medical Unit**

This session will give you a chance to debate and influence the future development of the GP training assessments, which will place greater emphasis on the development of:

- professional and clinical capability
- team-working and self-management
- complex and unscheduled care
- clinical leadership and resilience
- practical quality improvement work.

### The unconventional GP: some insights into teaching, research, politics and special interests

**Chair:** Dr Helen Stokes-Lampard, Honorary Treasurer, RCGP

**Q&A session**
Sponsors’ symposia

**THURSDAY 13.20**

**SonoSite FUJIFILM**
How POC ultrasound can help your practice
Speaker tbc

**FRIDAY 13.15**

**NHS**
Improving Quality
How GRASP has enabled GPs to work collectively to improve care
Dr Richard Healicon, Programme Delivery Lead and Mel Varvel, Improvement Manager, Living Longer Lives, NHS Improving Quality
NHS Improving Quality will present case studies showing how the GRASP suite of audit tools has been used to improve the management of heart failure (HF), chronic obstructive pulmonary disease (COPD) and atrial fibrillation (AF).
In particular, it will focus on how the toolkits have been used to facilitate such improvement at both practice and CCG level.

**FRIDAY 13.15**

**NHS**
Understanding Rare Diseases.
Chair – Dr Christian Jessen
- Getting under the skin of Dupuytren’s Disease – it’s in your hands – Mr Mike Hayton, Consultant Orthopaedic Surgeon, Wrightington Hospital
- How to spot the rare disease - Dr Phil Riley, Paediatric Rheumatologist, Central Manchester University Hospital

Workshops

Limited spaces so book early

**THURSDAY 15.00-16.00 & 16.30-17.30**

**Asthma devices**
Practical workshop with hands-on approach to choosing the right device.
Dr Steve Holmes, Education Lead, Primary Care Respiratory Society UK; RCGP Council Member

**FRIDAY 15.00-18.00**

**Writing for publication**
Roger Jones and other team members from BJGP present a workshop on how to get your work published.

**FRIDAY 15.00-18.00**

**Workshop for RCGP Research and Surveillance Centre Practices**
A three-hour workshop which will look at the vital role practices play in providing surveillance and feedback to the RSC. How diseases and vaccines are monitored and how quality can be maintained.

Fringe meetings

**THURSDAY 18.30**

**AiT supplement: The CSA uncovered**
- Dr Pauline Foreman, Chief Examiner, RCGP
- Prof Kamila Hawthorne, Associate Dean of Medical Education, University of Cardiff
- Dr Anne Hawridge, CSA Core Group
An interactive session with senior examiners aimed at helping AiTs and their trainers prepare for the CSA examination. This session will include:
- an update on new CSA developments
- hints and tips on CSA preparation
- an opportunity to mark a case and discuss what the examiners are looking for.

**THURSDAY 18.30**

**First5 supplement: Life as a global GP in the UK**
Speakers to be confirmed.
A joint session with the Junior International Committee exploring how global health principles can help GPs provide better care for patients and their communities in the UK.

**THURSDAY 18.30**

**RCGP Faculty networking meeting**

**THURSDAY 18.30**

**Sustainability**
Join Dr Tim Ballard, Vice Chair and Sustainability Lead for the RCGP for a workshop session: “How can federations or networks of practices improve the sustainability credentials of primary care?”

**FRIDAY 08.00**

**Future-proofing general practice with the four RCGP country chairs**
- Dr Maureen Baker, Chair of Council
- Dr John O’Kelly, Chair, RCGP Northern Ireland
- Dr Paul Myres, Chair, RCGP Wales
- Dr John Gillies, Chair, RCGP Scotland

**FRIDAY 08.00**

**Christian Medical Fellowship breakfast meeting**

**FRIDAY 15.00**

**Ask the Chair anything!**
Dr Maureen Baker, Chair of Council, RCGP

**FRIDAY 18.15**

**Clown-theatre improvisation workshop**
David Wheeler
Faculties network meeting
Join colleagues from other faculties to exchange news and ideas
Problems pitfalls and positivity in the care of patients with intellectual and developmental disability
All your questions answered!

**Health Inequalities standing group**
Fringe meeting

Please check the website and the app for updates on fringe meetings and workshops.
The exhibition
The exhibition is a vital element of the event, enabling delegates to explore and compare a vast array of products and services, in addition to meeting new and existing suppliers and to help exhibitors with market research and information.

Delegates are encouraged to take the time during the conference to visit the exhibitors, as without their support the conference would not be possible.

Networking events
A number of additional networking opportunities will be available throughout the conference and in the evenings. Full details and options to attend are available during the registration process.

The venue
ACC Liverpool
The ACC Liverpool is a uniquely flexible venue. It houses the award winning BT Convention Centre with facilities including a 1,350 seat auditorium, 18 breakout rooms and 7000m² of exhibition space – plus the 11,000 capacity Echo Arena. The venue sits at the heart of the city on Kings Waterfront, alongside the Grade I listed Albert Dock and adjacent to the World Heritage site at Pier Head. ACC Liverpool is also one of the most sustainable venues in Europe. Designed to reduce CO₂ emissions by half, the cutting-edge design includes a raft of green innovations, from sensor-controlled lighting and rooftop rainwater harvesting to riverside wind turbines. For further information visit www.accliverpool.com.

Accommodation
Liverpool offers a wide range of accommodation for all budgets and requirements. Hotel reservations are being handled through Reservation Highway who have negotiated special rates for delegates during the conference. Full details will be sent to delegates on confirmation of booking. Visit the conference website for a list of hotels and online reservations.

Travelling to Liverpool
We are actively encouraging attendees to travel by public transport and large reductions in fares are available if travel is booked well in advance. Virgin Trains is offering a 20% discount on advance fares for travel between London and Liverpool; this will be available from mid-July. Liverpool can be reached by air, train or coach. The full venue address is: ACC Liverpool, Kings Dock, Liverpool Waterfront, Merseyside, L3 4FP
Tel: 0151 475 8888

Poster presentations
There is an opportunity for delegates to submit a poster for presentation at the conference. Presenting your work at the RCGP Annual Conference not only serves to raise the profile of yourself, colleagues and your employing organisation, but also highlights new research and developments, and provides a platform for sharing new ideas and initiatives with your peers. The RCGP welcomes posters that demonstrate good practice, education and any new or innovative projects in primary care.

Accepted authors will be required to register in full to attend and present their poster at the conference. Prizes for the best research, and clinical and practice posters will be awarded at the conference.

The deadline for submitting posters is Monday 28 July 2014. Word limit: 250
Abstracts will be peer reviewed and authors will be contacted in late August.
Full guidance on how to submit your poster can be found on the conference website: www.rcgp.org.uk/annualconference

Conference app
Don’t forget to download the free 2014 RCGP Annual Conference app from iTunes or Marketplace, search RCGP2014.

Poster presentations

Networking events

ACC Liverpool

Accommodation

Travelling to Liverpool

The exhibition

The venue

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Booking form

Delegate pricing

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<th>Ticket type</th>
<th>Until 23 June 2014</th>
<th>From 24 June 2014</th>
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<td>RCGP member</td>
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<tr>
<td>Full conference</td>
<td>£454</td>
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<td>One day - Thurs or Fri</td>
<td>£209</td>
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<td>Non-member</td>
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<td>Full conference</td>
<td>£562</td>
<td>£646</td>
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<td>One day - Thurs or Fri</td>
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<td>One day - Saturday only</td>
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<td>Concessions</td>
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<td>□ AIT/ GPF member or retired RCGP member</td>
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<tr>
<td>Full conference</td>
<td>£242</td>
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<td>One day - Thurs or Fri</td>
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<td>One day - Saturday only</td>
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<tr>
<td>Practice team ticket (1 GP and 2 non GPs from the same practice)</td>
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<tr>
<td>Group ticket (5 tickets for the price of 4)</td>
<td>£1816</td>
<td>£2088</td>
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<tr>
<td>Pre-conference</td>
<td>£18</td>
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Payment details

☐ Cheque
I enclose a cheque made payable to RCGP Conferences Ltd for the sum of £

☐ Credit/debit card
Please debit my credit/debit card for the sum of £

■ Card no
Expiry
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Please send me an invoice for the sum of £
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By signing this form I confirm I have read and agreed to the terms and conditions of the booking.

Signature
Date

Please return booking form to:
Profile Productions Ltd, Exchange Plaza, 58 Uxbridge Road, London, W5 2ST
Email: rcp@gprofileproductions.co.uk

Terms and conditions

1. Registration fees include VAT at the prevailing rate, complimentary refreshments, lunch and conference materials. They do not include accommodation.

2. In order for your booking to be processed you must sign the terms and conditions. Your place is not guaranteed until you have received email confirmation and joining instructions from Profile Productions Ltd. If you do not receive confirmation within 24 hours of your booking being made, you should contact Profile Productions by email at rcp@gprofileproductions.co.uk.

3. Without exception, all fees must be paid in full prior to the event. Any delegates arriving at the conference with their payment outstanding will be asked to provide their credit card details as a guarantee. Any delegates registering within 28 days of the event must include a valid credit card for payment on the registration form. Bank transfer charges are the responsibility of the payer.

4. Cancellations received one month prior to the event will be refunded but will be subject to a £45 administration fee. If a cancellation is made after 2 September 2014 we regret that no refund can be made. Substitute delegates are welcome at no extra charge but we require you to advise us of any substitutions 72 hours prior to the event. Any cancellations that still have payment outstanding will be liable for either the administration fee or the full registration fee, dependent on the time of the cancellation.

5. Changes to any aspect of the conference (including speakers) may be necessary due to events outside of the control of Profile Productions and RCGP Conferences Ltd. The organisers therefore reserve the right to make any necessary amendments to the programme or timings of the event.

6. The details of registered delegates (name, place of work and occupation) will be placed on the attendee list which will be given to sponsoring companies and exhibitors and made available to delegates. Delegates who do not wish to be included on this list should advise at the time of booking.

7. There will be photography and video production taking place during the conference and the resulting images may be used for promotional purposes online and in printed materials. Delegates who do not wish to be included in these materials should contact the organisers by email at rcp@gprofileproductions.co.uk.

8. Payment on the registration form. Bank transfer of the event MUST include a valid credit card for guarantee. Any delegates registering within 28 days of the event may be necessary due to events outside of the control of Profile Productions and RCGP Conferences Ltd. The organisers therefore reserve the right to make any necessary amendments to the programme or timings of the event.

9. Attendance fees will not be refunded in the event of threat of war, terrorism or other circumstances outside of the organisers’ control.

10. We may contact you via email in the future to tell you about upcoming events. If you wish not to be contacted please contact us on rcp@gprofileproductions.co.uk.

How to register

Online: www.rcgp.org.uk/annualconference
Email: rcp@gprofileproductions.co.uk
Phone: + 44 (0)20 3725 5840
Fax: + 44 (0)844 507 0578
Profile Productions Ltd, Exchange Plaza, 58 Uxbridge Road, London, W5 2ST

Personal details

Title
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Email

☒ RCPM membership no
Are you a First5 member? ☐ Yes ☐ No
☒ Vegetarian ☒ Vegan ☒ Other
☒ Wheelchair access ☒ Hearing loop ☒ Other
☒ I am not willing to have my details published in the delegate list
☒ This is my first time attending this conference

Group bookings

Buy 5 tickets for the price of 4!
This offer applies to booking 5 or more delegates where delegates work for the same organisation. Only one invoice for the group can be raised. The offer is not open to groups of delegates from different organisations requiring separate invoices.